

# INTRINSICOID DEFLECTION



Ask Mish



- VENTRICULAR ACTIVATION TIME (VAT) also known as INTRINSICOID DEFLECTION is the time it takes the ventricle to fully depolarize.
- On the EKG it measures the time from the onset of QRS to the peak of QRS.
- Normal values:
- RIGHT LEADS (V1) < 0.035s or 35ms
- LEFT LEADS (V6) < 0.045s or 45ms
- Prolonged VAT is associated with ventricular hypertrophy, usually LVH